



PRE-CONFERENCE "From Farm to Fork Workshop" \$20.00

Meet 9:30 in the hotel lobby. Car pool to visit two area farms. Return 2:00 pm



Riding tour of third-generation King Family Farm and Market. See and taste the difference of naturally grown, seasonally picked produce, sold directly to consumers. Enjoy an al fresco lunch with hostess, Shelby King, Menu to be determined by what's in season, plus a variety of breads baked daily.



Presentation by founder & author, William Mixon

Visit Mixon Farms, established 1939. Learn Florida's history, cultural heritage, & citrus origins, growth, industry, health benefits, recipes.



Visit the Tasting Tables:

- Florida Citrus
- Freshly Made Fudge
- Florida-Produced Wines

Option: Orange Blossom Express Tour of groves. Additional \$10 paid on site.

Saturday Luncheon Highlights



Elyse Burgher, Outreach Programs Coordinator, All Faiths Food Bank will be sharing information about how the "**BackPack Kids**" program works in Sarasota and DeSoto Counties.

It provides nutritional support to children over the weekend and during school holidays when they may otherwise go without a meal. Participating homeless and low-income children in grades K-5 are sent home with healthy, kid-friendly food and nutrition information each Friday.

Please bring a donation of peanut butter, canned tuna, and/or canned fruit!